

THE PRESENT CONTINUOUS: 2

1 THEORY

Task 1: Study the information below.

We use the present continuous tense for actions that are happening right now.

Positive sentences.

Subject	Form of "to be"	verb + -ing
I	am	cooking
He / She / It	is	shopping
We / They / You	are	eating

Negative sentences

Subject	Form of "to be"	(negative)	verb + -ing
I	am	not	cooking
He / She / It	is	not	shopping
We / They / You	are	not	eating

Questions

Form of "to be"	Subject	verb + -ing + ?
Am	I	cooking?
Is	she / he / it	shopping?
Are	we / they / you	eating?

2 COMPLETE THE SENTENCES

Task 1: Complete the sentences below with the correct forms of the verb.

Follow the first example below.

1. Julie am / is / are (cook) **is cooking** lunch for her family.
2. The children am / is / are (play) **are playing** in the garden.
3. I am / is / are (watch) **am watching** a movie on TV.
4. We am / is / are (study) **are studying** English for our exam.
5. He am / is / are (write) **is writing** a letter to his friend.
6. The cat am / is / are (sleep) **is sleeping** on the sofa.
7. Sarah am / is / are (talk) **is talking** on the phone with her mother.
8. They am / is / are (build) **are building** a new house in the neighborhood.
9. My brother am / is / are (read) **is reading** a book about history.
10. The birds am / is / are (sing) **are singing** outside the window.
11. You am / is / are (drive) **are driving** too fast, slow down!
12. We am / is / are (prepare) **are preparing** dinner for the guests.
13. The baby am / is / are (cry) **is crying** because he is hungry.
14. I am / is / are (wait) **am waiting** for the bus to arrive.



3 TRUE OR FALSE

Task 1: Decide if the following statements are true or false in relation to your own life.

Instead of answering with just "true" or "false," try to provide a short explanation.

1. I am eating breakfast right now.
2. I am studying English at this moment.
3. I am wearing a blue shirt today.
4. I am reading now.
5. I am talking to my friend on the phone.
6. I am thinking in English right now.
7. I am watching TV while completing this exercise.
8. I am breathing right now.
9. I am doing my homework right now.
10. I am learning English.
11. I am drinking coffee.
12. My teacher is talking to a student in class.
13. My sister is studying for her exams today.
14. My parents are cooking dinner right now.
15. My friend is sleeping now.



4 CREATE SENTENCES

Task 1: Create full sentences using the words provided.

Follow the first example below.

1. They / playing / football. **They are playing football in the park.**
2. Baby / crying / loudly
3. Dog / barking / cat
4. We / watching / TV
5. Children / reading / books
6. I / listening / to music
7. He / writing / a letter
8. She / speaking / phone
9. You / studying / English
10. She / painting / a picture
11. He / reading / a newspaper
12. We / making / breakfast
13. The students / drawing / pictures
14. He / fixing / his bike



5 READING: GAP-FILL

Task 1: Complete the text using the -ing words in the top section of the box.

sleeping sitting concentrating playing cooking reading

Sophie is **sitting** at her desk in her room. She is studying for her English exam. Right now, she is **reading** a grammar book. She is trying to understand the rules of the present continuous tense. Sophie is also taking notes in her notebook. She is writing down important points to remember later.

Outside, her brother Tom is **playing** football in the garden. He is kicking the ball to his friend, and they are laughing. Sophie can hear them, but she is not distracted. She is focusing on her studies.

In the kitchen, Sophie's mother is **cooking** dinner. She is chopping vegetables and boiling some pasta. The delicious smell is filling the house. Sophie's father is in the living room. He is watching a football match on TV. He is cheering for his favourite team.

Sophie's dog, Max, is lying on the floor next to her. He is **sleeping** peacefully. Sometimes, Max wakes up, looks at Sophie, but then he closes his eyes again.

Everyone in the house is busy doing something, but Sophie is **concentrating** hard because she wants to do well on her exam.

Task 2: Answer the following comprehension questions.

1. Can you identify all of the times the present continuous tense is used?
2. What is Sophie doing?
3. What is Tom doing?
4. What are Sophie's mum and dad doing?
5. What is Sophie's pet doing?

Task 3: Complete the following task.

- a. Write 6 sentences in the present continuous tense using the verbs in the box below.

sleeping sitting concentrating playing cooking reading

6 SENTENCE STARTERS

Task: Create the present continuous tense, then create an ending to the sentence.

The ending can be anything you like. The first one has been done as an example.

1. Graham (dance) **Graham is dancing to his favourite song.**
2. Sarah (cook) _____.
3. The children (play) _____.
4. My friends (watch) _____.
5. I (read) _____.
6. He (write) _____.
7. They (build) _____.
8. The dog (run) _____.
9. We (listen) _____.
10. She (paint) _____.
11. The sun (shine) _____.
12. Emily (study) _____.
13. My parents (talk) _____.
14. Anna (drive) _____.
15. The teacher (explain) _____.





8 VERBS: CREATE SENTENCES

Task: Use the verbs to create present continuous sentences.

Use your imagination and have fun!

The first has been done as a guide.

1. Swim. **She is swimming in the pool.**
2. Write. _____.
3. Play. _____.
4. Cook. _____.
5. Dance. _____.
6. Study. _____.
7. Read. _____.
8. Paint. _____.
9. Run. _____.
10. Watch. _____.
11. Listen. _____.
12. Study. _____.
13. Make. _____.
14. Build. _____.
15. Sing. _____.

9 PICTURE ROUND

Task: Describe what is happening, or what you see in the pictures.

Create 3x sentences using the present continuous based on the pictures below.

The first has been done for you.

1. **They are cooking food.**

2. **She is wearing shorts.**

3. **The sun is shining.**



4. _____

5. _____

6. _____



7. _____

8. _____

9. _____



10. _____

11. _____

12. _____



13. _____

14. _____

15. _____



16. _____

17. _____

18. _____



19. _____

20. _____

21. _____





HOMework

1 COMPLETE THE SENTENCES

Task: Complete the sentences below with the correct forms of the verb.

1. The teacher am / is / are (explain) **is explaining** the lesson to the class.
2. We am / is / are (plan) **are planning** our vacation for next month.
3. He am / is / are (paint) **is painting** the walls of his room.
4. The dog am / is / are (bark) **is barking** at strangers.
5. I am / is / are (work) **am working** on a new project at the office.
6. They am / is / are (decorate) **are decorating** the house for the party.
7. She am / is / are (listen) **is listening** to music while studying.
8. The mechanic am / is / are (fix) **is fixing** the car in the garage.
9. You am / is / are (run) **are running** late for the meeting.
10. The students am / is / are (draw) **are drawing** pictures in art class.
11. I am / is / are (prepare) **am preparing** for a job interview.
12. The neighbours am / is / are (have) **are having** a barbecue in the yard.
13. He am / is / are (practise) **is practising** the piano every day.
14. She am / is / are (ride) **is riding** her bicycle to the park.
15. We am / is / are (look) **are looking** for a new apartment in the city.